

APRIL TO  
OCTOBER 2026

NOURISH



# SPRING INTO SUMMER MENU



## MONDAY

### WEEK ONE

13 April  
4 May  
1 June  
22 June  
13 July  
31 August  
21 September  
12 October

Beef Bolognaise Pasta **1**  
Cheese & Pesto Swirl **1,7 V**  
Jackets with a Choice of Toppings **7,8,9**

Baked Wedges  
Seasonal Vegetables

Ice Cream **7**  
Mr Nourish Biscuit **1 VG**  
Fruit Pots **VG**

## TUESDAY

Macaroni Cheese **1,7 V**  
Chick Pea & Spinach Biryani **VG**  
Tomato & Sweetcorn Pasta **1 VG**  
Jackets with a Choice of Toppings **7,8,9**

Carrots  
Mixed Peppers

Toffee Tart **1,7** & Custard **7**  
Mr Nourish Biscuit **1 VG**  
Fruit Pots **VG**

## WEDNESDAY

Roast Gammon & Gravy  
Meatfree Meatballs & Gravy **6 VG**  
Pesto Pasta Bake **1,7 V**  
Jackets with a Choice of Toppings **7,8,9**

Rustic Roast Potatoes  
Cabbage  
Swede

Fruit Jelly **VG**  
Mr Nourish Biscuit **1 VG**  
Yoghurt **3,7**, Fruit Pots **VG**

## THURSDAY

Chicken Korma  
Sweet Potato & Lentil Curry **VG**  
Herby Tomato Pasta **1 VG**  
Jackets with a Choice of Toppings **7,8,9**

Rice  
Green Beans  
Carrots

Chocolate Orange Cake **1 VG**  
Mr Nourish Biscuit **1 VG**  
Yoghurt **3,7**, Fruit Pots **VG**

## FRIDAY

Fish Fingers **1,8**  
Wrap Stack **1,7 V**  
Cheesy Fusilli **1,7 V**  
Jackets with a Choice of Toppings **7,8,9**

Chips  
Sweetcorn & Peas  
Coleslaw **9**

Lemon Drizzle Biscuit **1,6 VG**  
Yoghurt **3,7**  
Fruit Pots **VG**

### WEEK TWO

20 April  
11 May  
8 June  
29 June  
20 July  
7 September  
28 September  
19 October

Cheesy Cauliflower Pasta **1,7 V**  
Vegetable Burger in a Bun **1,5,6 VG**  
Jackets with a Choice of Toppings **7,8,9**

Baked Wedges  
Carrots  
Peas

Honey Cake **1** & Custard **7**  
Mr Nourish Biscuit **1 VG**  
Fruit Pots **VG**

Minced Beef Curry  
Sweet & Sour Vegetables **VG**  
Pesto & Pea Pasta **1 VG**  
Jackets with a Choice of Toppings **7,8,9**

Rice  
Seasonal Vegetables

Summer Trifle **1,7**  
Mr Nourish Biscuit **1 VG**  
Fruit Pots **VG**

Roast Chicken & Gravy  
Samosa Puff **1 VG**  
Cheesy Fusilli **1,7 V**  
Jackets with a Choice of Toppings **7,8,9**

Rustic Roast Potatoes  
Broccoli  
Carrots

Cornflake Cookie **1,7,16**  
Mr Nourish Biscuit **1 VG**  
Yoghurt **3,7**, Fruit Pots **VG**

Chicken Fajita **1**  
Vegetable & Bean Fajita **1 VG**  
Tomato Spaghetti **1 VG**  
Jackets with a Choice of Toppings **7,8,9**

Rice  
Tomato Salsa  
Green Beans

Carrot & Orange Cake **1 VG**  
Mr Nourish Biscuit **1 VG**  
Yoghurt **3,7**, Fruit Pots **VG**

Salmon Fish Cake **1,8**  
Margherita Pizza **1,3,7 V**  
Cheese & Broccoli Pasta **1,7 V**  
Jackets with a Choice of Toppings **7,8,9**

Chips,  
Peas,  
Grated Carrot

Oaty Biscuit **1,15 VG**  
Yoghurt **3,7**  
Fruit Pots **VG**

### WEEK THREE

27 April  
18 May  
15 June  
6 July  
14 September  
5 October

Mild Chilli Beef  
Bean Chilli **VG**  
Tomato & Herb Penne Pasta **1 VG**  
Jackets with a Choice of Toppings **7,8,9**

Rice  
Peas  
Mixed Peppers

Jam Roly Poly **1,6 VG** & Custard **7**  
Mr Nourish Biscuit **1 VG**  
Fruit Pots **VG**

Chicken Pie **1**  
Vegetable Stir Fried Noodles **1 VG**  
Arrabiatta Pasta **1 VG**  
Jackets with a Choice of Toppings **7,8,9**

Crushed Potatoes  
Seasonal Vegetables

Ice Cream **7**  
Mr Nourish Biscuit **1 VG**  
Fruit Pots **VG**

**BRUNCH**  
Pork Sausage & Bacon **1,3,6**  
Or Vegetable Sausage **1 VG**  
Pesto & Pea Penne **1 VG**  
Jackets with a Choice of Toppings **7,8,9**

Brunch Hash Potatoes  
Baked Beans  
Mushrooms & Tomatoes

Fruit Jelly **VG**  
Mr Nourish Biscuit **1 VG**  
Yoghurt **3,7**, Fruit Pots **VG**

Margherita Pizza **1,3,7 V**  
Loaded Cajun Bean Wedges **VG**  
Cheesy Fusilli **1,7 V**  
Jackets with a Choice of Toppings **7,8,9**

Rainbow Rice  
Sweetcorn  
Coleslaw **9**

Sultana Cake **1 VG**  
Mr Nourish Biscuit **1 VG**  
Yoghurt **3,7**, Fruit Pots **VG**

Fish Fingers **1,8**  
Cheese & Bean Parcel **1,7 V**  
Tomato & Sweetcorn Pasta **1 VG**  
Jackets with a Choice of Toppings **7,8,9**

Chips,  
Peas, Baked Beans  
Cucumber Sticks

Caramel Cookie **1,7 V**  
Yoghurt **3,7**  
Fruit Pots **VG**

1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg  
10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

Selection of Salads **9**, Homemade Bread **1,3**. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.